Zelma George Track Schedule



| Monday | Tuesday | Wednesday | Thursday | Friday | Saturd | day | CITY OF CL Mayor Justi | EVELAND 44104 | | | |
|--|--|---|---|---|---|--|---|---|---|---|--|
| 9:00 -12:30 pm Walking Club Adult | 9:00 -12:30 pm Walking Club Adult | 9:00 -12:30 pm Walking Club Adult | 9:00 -12:30 pm Walking Club Adult | 9:00 -12:30 pm Walking Club Adult | 9:30 -12:3 Walking Adul | Club | | | | | |
| Adult | 1:00-2:30 pm 3 Mile Walking Club Adult | 1:00-2:30 pm 3 Mile Walking Club Adult | 1:00-2:30 pm 3 Mile Walking Club Adult | 1:00-2:30 pm 3 Mile Walking Club Adult | 1:00-2:30 3 Mi Walking Adult | ile Club | Senior Card Sharks Senior Walkers | Fit & Fifty P Monday & Friday Monday - Friday | / 12pm- 6:00 a | m' MAN | and the second |
| (19.5 Laps) | (19.5 Laps) | (19.5 Laps) | (19.5 Laps) | (19.5 Laps) | (19.5 La | | Senior Exercise Line Dancing | Tuesday & Thurs Tuesday & Thurs | sday 10:00 | 10:00 am - 11:00 | SBL-1 |
| 2:30 - 4:00 pm Jogging Club Adult | 2:30 - 4:00 pm Jogging Club Adult | 2:30 - 4:00 pm Jogging Club Adult | 2:30 - 4:00 pm Jogging Club Adult | 2:30 - 4:00 pm Jogging Club Adult | 2:30 - 4:0 Jogging Adult | 00 pm | Blood Pressure | Every 4th Tuesday 9:00am-11:00am | | | |
| 4:00-7:30 pm Family Walking | 4:00-7:30 pm Family Walking | 4:00-7:30 pm Family Walking | 4:00-7:30 pm Family Walking | 4:00-7:30 pm Family Walking | 4:00-5:30 Famil Walkin | | | | | | |
| Children n | nay not be on th | ne track unless ac | companied by an | | | | | Gymnasium S | chedule | ð | |
| | | | | | | | | | | | |
| | | | | | | Monday | y Tuesday | Wednesday | Thursday | Friday | Saturday |
| Litt | Ball(4-7) tle F (8-11) g F(12-14) | Baseball Ac Saturday Monday - Th Monday - Th | | n-11:30am 00pm 00pm | | Monday 12:00 - 2:30 Adult Open | 0 pm 12:00 - 2:30pm | Wednesday 12:00 - 2:30 pm Adult Open Gym | 12:00 - 2:30pm | Friday 12:00 - 2:30 pm Adult Open Gym | - |
| Litt | tle È (8-11) | Saturday Monday - Th | 10:00am ursday 5:00-7:0 |)0pm 👝 🛵 | | 12:00 - 2:30 | 0 pm 12:00 - 2:30pm Gym Independent Workouts Adult 0pm 3:00 - 5:00pm Organized Gym Games all Ages 8 - 14 | 12:00 - 2:30 pm | 12:00 - 2:30pm Independent Workouts | 12:00 - 2:30 pm Adult Open | 10:00-11:30 Baseball Training Camp (Skating Rink) 11:00-3:00 Men's 30 an Over Leagu |
| Litt Big | tle F (8-11) F(12-14) Other | Saturday Monday - Th Monday - Th Exciting Pi | 10:00am oursday 5:00-7:0 oursday 5:00-7:0 | 00pm 00pm | | 12:00 - 2:30 Adult Open 3:00 - 5:00 Girls Basketba Fundament Ages 10-1 | 0 pm 12:00 - 2:30pm Gym Independent Workouts Adult 0pm 3:00 - 5:00pm Organized Gym Games all Ages 8 - 14 12 12 | 12:00 - 2:30 pm Adult Open Gym 3:00 - 5:00pm Girls Basketball Fundamentals | 12:00 - 2:30pm Independent Workouts Adult 3:00 - 5:00pm Organized Gym Games Ages 8 - 14 | 12:00 - 2:30 pm Adult Open Gym 3:00 - 5:30pm Open Gym Ages 8 - 17 | 10:00-11:30 Baseball Training Camp (Skating Rink) 11:00-3:00 Men's 30 an Over Leagu Basketball |
| Litt Big | tle È (8-11) 5 F(12-14) Other Wednesday & Sa Monday - Friday | Saturday Monday - Th Monday - Th Exciting P I | 10:00am oursday 5:00-7:0 oursday 5:00-7:0 rograms 5pm-6:30pm 4pm-5:30pm 12:00 - 7:30p | 00pm 00pm 8+ | | 12:00 - 2:30 Adult Open 3:00 - 5:00 Girls Basketba Fundament | 0 pm 12:00 - 2:30pm Gym Independent Workouts Adult 0pm 3:00 - 5:00pm Organized Gym Games all Ages 8 - 14 0pm 5:30 - 7:30pm Independent Workouts | 12:00 - 2:30 pm Adult Open Gym 3:00 - 5:00pm Girls Basketball Fundamentals Ages 13-15 5:30pm—7:00pm Old Timer's Basketball | 12:00 - 2:30pm Independent Workouts Adult 3:00 - 5:00pm Organized Gym Games | 12:00 - 2:30 pm Adult Open Gym 3:00 - 5:30pm Open Gym | 10:00-11:30 Baseball Training Camp (Skating Rink) 11:00-3:00 Men's 30 ar Over Leagu Basketball 3:00 - 4:30p Pee-wee Ba ketball |
| ss Class cise Equipment th Outdoors Dance | tle F (8-11) F(12-14) Other Wednesday & Sa Monday - Friday TBA Tuesday | Saturday Monday - Th Monday - Th Exciting P I | 10:00am oursday 5:00-7:0 oursday 5:00-7:0 COGRAMS 5pm-6:30pm 4pm-5:30pm 12:00 - 7:30p TBA 6:15pm—7:3 | 00pm 00pm 8+ om Adults 30pm Adult | | 12:00 - 2:30 Adult Open 3:00 - 5:00 Girls Basketba Fundament Ages 10-1 5:30 - 7:00 Basebal | 0 pm 12:00 - 2:30pm Gym Independent Workouts Adult 0pm 3:00 - 5:00pm Organized Gym Games Ages 8 - 14 Ages 8 - 14 0pm 5:30 - 7:30pm Independent Independent | 12:00 - 2:30 pm Adult Open Gym 3:00 - 5:00pm Girls Basketball Fundamentals Ages 13-15 5:30pm—7:00pm Old Timer's | 12:00 - 2:30pm Independent Workouts Adult 3:00 - 5:00pm Organized Gym Games Ages 8 - 14 5:00 - 7:30pm Open Run | 12:00 - 2:30 pm Adult Open Gym 3:00 - 5:30pm Open Gym Ages 8 - 17 6:00 -7:30pm Family Game | 10:00-11:30 Baseball Training Camp (Skating Rink) 11:00-3:00 Men's 30 ar Over Leagu Basketball 3:00 - 4:30p Pee-wee Ba |
| ss Class cise Equipment th Outdoors | tle F (8-11) F(12-14) Wednesday & Sa Monday - Friday TBA Tuesday Monday—Friday Wednesdays Thursdays Saturdays Tuesdays & Thu | Saturday Monday - Th Monday - Th Exciting P I | 10:00am oursday 5:00-7:0 oursday 5:00-7:0 rograms 5pm-6:30pm 4pm-5:30pm 12:00 - 7:30p TBA | 00pm 00pm 8+ 00 Adults 00pm Adults 80pm 8+ 12-17 12-17 12-17 10+ 8-17 | | 12:00 - 2:30 Adult Open 3:00 - 5:00 Girls Basketba Fundament Ages 10-1 5:30 - 7:00 Basebal | 0 pm 12:00 - 2:30pm Gym Independent Workouts Adult 0pm 3:00 - 5:00pm Organized Gym Games all Ages 8 - 14 0pm 5:30 - 7:30pm Independent Workouts | 12:00 - 2:30 pm Adult Open Gym 3:00 - 5:00pm Girls Basketball Fundamentals Ages 13-15 5:30pm—7:00pm Old Timer's Basketball | 12:00 - 2:30pm Independent Workouts Adult 3:00 - 5:00pm Organized Gym Games Ages 8 - 14 5:00 - 7:30pm Open Run | 12:00 - 2:30 pm Adult Open Gym 3:00 - 5:30pm Open Gym Ages 8 - 17 6:00 -7:30pm Family Game | 10:00-11:30 Baseball Training Camp (Skating Rink) 11:00-3:00 Men's 30 an Over Leagu Basketball 3:00 - 4:30pr Pee-wee Bas ketball |