Aquatics Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12:00—3:00 ADULT OPEN SWIM 18+	12:00—3:00 ADULT OPEN SWIM 18+	12:00—3:00 ADULT OPEN SWIM 18+	12:00—3:00 ADULT OPEN SWIM 18+	12:00—3:00 ADULT OPEN SWIM 18+	
3:00— 4:00pm Youth Open Swim 8-17	3:00— 4:00pm Youth Open Swim 8-17	3:00— 4:00pm Youth Open Swim 8-17	3:00— 4:00pm Youth Open Swim 8-17	3:00— 4:00pm Youth Open Swim 8-17	
5:00-6:30 Learn to swim/ swim team 8-17	5:30-7:30 Lifeguard training	5:00-6:30 Learn to swim/ swim team 8-17	5:30-7:30 Lifeguard training	5:00-5:45 SWIM TEAM PRACTICE	
6:30-7:30 Adult swim 18+		6:30-7:30 Adult swim 18+		6:00-7:30 FAMILY OPEN Swim	



Program	Days	Time	Ages
Yoga Basics	Tuesday/Thursday	6:00—7:00 p.m.	18+
Line Dance Classes	Monday	5:30p.m.—7:00 p.m.	18+
Inspiration thru Music	Monday-Friday	4:30-6:00PM	8-17
Boxing	Mondaý-Fridaý	4:30pm-7:30 pm	8+
Weight room	Monday-Friday	12:00pm-7:30 pm	18+
Technology Room	Monday-Friday	3:00- 6:00pm	8-17
After school meals	Monday-Friday/Sat	4:00- 5:00PM/12-1pn	n 8-17
After School All-Stars	Monday-Thursday	3:00- 6:00pm	8-17
Adv. Cleve. Tennis Prod	ı. Tues & Thurs.	2:00-4:00pm	11-14
East 88th St. Browns		·	
After School Tutoring	Tues,Wed,Thr	4:30-7:00pm	8-17



-	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	12:00—2:30 OPEN GYM 18+	12:00—2:00 OPEN GYM 18+	12:00—2:30 OPEN GYM 18+	12:00—2:00 OPEN GYM 18+	12:00—2:30 OPEN GYM 18+	10:00am-12:00 P.A.L BASKETBALL
	3:00– 4:30 Basketball Skills	2:00- 4:00 Advantage Cleveland	3:00—4:30 OPEN GYM 8-14	2:00- 4:00 Advantage Cleveland	3:00—5:00 OPEN GYM Open ages	12:30-3:00 Football/Cheer Camp 8-17
ď	5:00-7:30 GIRLS BASKETBALL 8-11	5:00pm—7:30 House league basketball 12-14	5:00pm—7:30 Old timers basketball 30+	5:00pm—7:30 House league basketball 15-17	5:30pm—7:30 ADULT VOLLEYBALL 18+	2:00-5:30 OPEN GYM 8-17

All children under 7 years old and 4 feet tall must be accompanied and supervised in the

In-house Programs for the Youth and Adults (with Social distancing implemented)

