

The 5th Annual Cleveland Senior Walk



Tuesday, October 6, 2009
Cleveland City Hall, Mall C
601 Lakeside Avenue, Cleveland, Ohio

RAIN (Inside Public Hall) or SHINE!

Registration & Screenings at 8:45 a.m.

Walk begins at 10:00 a.m.

Bring comfortable shoes and come down for this **FREE one or two mile fun walk. T-shirts and pedometers will be provided!**

- * Walkers are encouraged to carpool and park in the Municipal Lot at E. 9th Street and the Shoreway for \$3.00 (All vans and buses transporting groups too!)
FREE shuttles will be available from the Municipal Lot to take walkers to City Hall.

For questions or more information, contact the Cleveland Department of Aging at 216-664-2833 or WRAAA at 216-621-8010.

Sponsored by:





CITY OF CLEVELAND
Mayor Frank G. Jackson

5th Annual Cleveland Senior Walk

Tuesday, October 6, 2009

Registration Form

First Name _____

Last Name _____

Address _____

City _____ Zip Code _____

Phone Number _____

Senior Center/Affiliation _____ Age _____
(if applicable) (optional)

If we know of other organizations providing fitness/health events in the future, may we provide them with your name and address to send to you additional information on those events? Yes ___ No ___

Please complete and return this form by fax to (216) 664-2218 or by mail to:

Ray Odom, Administrative Manager
Cleveland Department of Aging
75 Erievue Plaza, 2nd floor
Cleveland, Ohio 44114

Registration Deadline: September 30, 2009

Participation in this program is voluntary. By participating, each individual releases and holds harmless the City of Cleveland and other sponsors in this event for any and all damages, claims, or losses in connection with or arising out of participation in this program.