



CITY OF CLEVELAND  
Mayor Frank G. Jackson

# Lifeguard Training Classes

Become a professional American Red Cross Certified Lifeguard.

The successful applicant must:

Be at least 15 years old.

Be able to swim 300 yards non-stop.  
(Front crawl and breaststroke only)

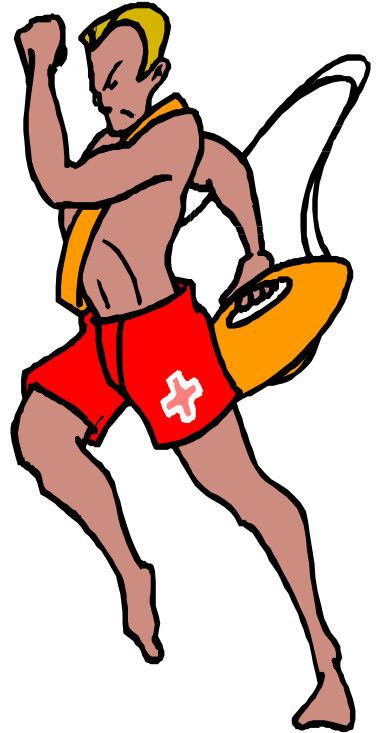
Swim to deepest end of the pool and retrieve a 10 pound object and return to starting point on his or her back within 1:40 time limit.

Tread water using legs only for 2 minutes.

Pass a written test, 80% or better.

**SUCCESSFUL COMPLETION DOES NOT GUARANTEE  
EMPLOYMENT WITH THE CITY OF CLEVELAND.**

City of Cleveland residents successfully completing the course will have first priority to seasonal vacancies.



Classes will begin in January 2010.  
Check with your local Recreation  
Center for dates and times.