




## Aquatics Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12:00pm-12:45pm <b>Water Walking</b> Ages (18+)	12:00pm-12:45pm <b>Water Exercise</b> Ages (18+)	12:00pm-12:45pm <b>Open &amp; Lap Swim</b> Ages (18+)	12:00pm-12:45pm <b>Water Exercise</b> Ages (18+)	12:00pm-12:45pm <b>Water Walking</b> Ages (18+)	10:00am-10:45pm <b>Water Walking</b> Ages (18+)
1:00pm-2:15pm <b>Adult Open &amp; Lap Swim</b> Ages (18+)	1:00-2:15pm <b>Adult Open &amp; Lap Swim</b> Ages (18+)	1:00pm-2:15pm <b>School Group</b>	1:00pm-2:15pm <b>Adult Open &amp; Lap Swim</b> Ages (18+)	1:00pm-2:15pm <b>Adult Open &amp; Lap Swim</b> Ages (18+)	11:00 pm-11:45pm <b>Adult Open</b> Ages (18+)
3:00pm-3:30pm <b>Open Swim</b> All Ages	3:00pm-3:45pm <b>Open Swim</b> All Ages	3:00-3:45P.M. <b>Open Swim</b> All Ages	3:00pm-3:45pm <b>Open Swim</b> All Ages	3:00pm-3:45pm <b>Open Swim</b> All Ages	1:00-1:45pm <b>Open Swim</b> All Ages
4:00pm-4:45pm <b>Open Swim</b> All Ages	4:00pm-4:45pm <b>Open Swim</b> All Ages	4:00pm-4:45pm <b>Learn To Swim</b> Level 2 Ages (8-17)	4:45pm-4:45pm <b>Open Swim</b> All Ages	4:15pm-5:00pm <b>Learn To Swim</b> Level 3 & 4 Ages (8-17)	2:00pm-2:45pm <b>Open Swim</b> All Ages
5:00pm-7:30pm <b>Lifeguard Training</b> Ages (15+)	5:00pm-5:45pm <b>Advanced Tots</b> Ages (3-7)	5:00pm-7:30pm <b>Lifeguard Training</b> Ages (15+)	5:00pm-5:30pm <b>Learn to Swim</b> Level 2 Ages (8-17)	5:00pm-5:45pm <b>Learn to Swim</b> Level 4,5,& 6 Ages (8-17)	3:00pm-3:45pm <b>Adult Lap</b> Ages (18+)
	6:00pm-6:45pm <b>Water Exercise</b> Ages (18+)		6:00pm-6:45pm <b>Water Exercise</b> Ages (18+)	5:45pm-6:15pm <b>Pee Wee L.T.S. I</b> Ages (3-7)	4:00pm-4:45pm <b>Family Swim</b>
	6:45-7:30 <b>Open &amp; Lap Swim</b> Ages (18+)		6:45-7:30pm <b>Open &amp; Lap Swim</b> Ages (18+)	6:30-7:00pm <b>Pee Wee L.T.S II</b> Ages (3-7)	5:00pm-5:30pm <b>Family Swim</b>
All children under 8 years old and under 4 feet tall must be accompanied and supervised in the water by an adult. Two children per adult.				7:00:7:30 <b>Family Swim</b>	

## Cultural Arts Programs

Watercolor/Crafts	Monday & Wednesday	1:30-3:00 p.m.	Adult	
Arts & Crafts	Monday & Wednesday	3:00-4:00 p.m.	8-17	
Ceramics	Monday & Wednesday	5:30-7:30 p.m.	All	
Latin Dance	Tuesday & Thursday	6:30-7:30 pm		
Tap & Ballet	Saturday	10:00-11:00am		
Dance Aerobics	Monday	5:00-7:30pm	Adult	
Youth Ballet	Tuesday	6:00-7:30pm	Adult	
Youth Ballet	Wednesday	6:00-7:30pm	8-12	
	Thursday	6:00-7:20pm	5-7	
Walk Across America	Monday-Friday	11:30-&7:30pm		
	Saturday	9:30 -5:30pm		






Gunning Recreation Center  
16700 Puritas Avenue  
216/420-7900

For Golden Age & Senior Program  
information call 267-9945


### Weight Room & Track

Open Track	Monday - Thursday	11:30-5:00p.m. 16 & over
Evening Walkers/Runners	Monday - Thursday	5:00-7:30pm Adults
Open Track	Friday	11:30-7:30pm 16 & over
Open Track	Saturday	1:00-5:30pm 16 & over
Weight Room	Monday-Friday	11:30-7:30pm Adults
	Saturday	10:00 - 5:30pm Adults



## Spring Learn To Swim

Registration Date  
March 10th 6:30PM



### Gymnasium Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12:00-2:00P.M. <b>School Group</b>	12:00-3:00 P.M. <b>School Group</b>	12:00-2:00P.M. <b>Men's 5 on 5</b> Ages (18+)	12:00-3:00P.M. <b>School Group</b>	12:00-3:00P.M. <b>School Group</b>	10-1:30pm <b>PeeWee Basketball</b> 5-7yrs.
3:00-4:45P.M. <b>Teen Basketball League</b> 15-17	3:30-5P.M. <b>Teen Basketball League</b> 15-17	3:00-4:45P.M. <b>Teen Basketball League</b> 15-17	3:00-4:45P.M. <b>Teen Basketball League</b> 15-17	3:15-4:45P.M. <b>Youth Open Gym</b> 8-17	1:30-2:45pm <b>Family Gym</b>
5:00-5:45 <b>Junior In-house Practice</b> Ages 12-14	5:15-7:30P.M. <b>Jr. In-house Basketball</b> Ages 12-14	5:00-5:45P.M. <b>Junior In-house Practice</b> Ages 12-14	4:00-5:30 <b>Sr. Girls Basketball Practice</b> Ages 14-17	5:00-7:30 P.M. <b>Midget In-house Practices</b> Ages 8-11	3:00-5:30P.M. <b>In-House Basketball League</b> 8-11
3:00-5:30P.M. <b>Youth Open Gym</b> 8-17 <i>(Late March)</i>	3:00-5:30P.M. <b>Youth Open Gym</b> 8-17 <i>(Late March)</i>	3:00-5:30P.M. <b>Youth Open Gym</b> 8-17 <i>(Late March)</i>	5:45-7:30P.M. <b>Jr. Girls Basketball Practice</b> Ages 11-13	5:00-7:30P.M. <b>Pee-Wee In-house Practices</b> Ages 5-7 <i>(Late March)</i>	2:00-5:30P.M. <b>Youth Open Gym</b> 8-17 <i>(Late March)</i>
6:00-7:30P.M. <b>Kickboxing Aerobics</b> Ages (18+)		6:00-7:30 P.M. <b>Kickboxing Aerobics</b> Ages (18+)	3:00-5:30P.M. <b>Youth Open Gym</b> <i>(Late March)</i>	6:00-7:30P.M. <b>Open Volleyball</b> Ages (18+) <i>(Late March)</i>	